

Christ in Majesty, Zachary Roesemann, 2008

St. Paul's Cathedral Burlington, Vermont

The Season After Pentecost, Proper 12 ✠ July 28, 2024

The Holy Eucharist ✠ 10:00 a.m.

Welcome to the Cathedral Church of St. Paul! We are glad you are worshipping alongside us today. You are welcome here. All of who you are is welcome here.

If you are new to the Episcopal Church, you may wish to note a few things about our worship style. In general, we stand to sing and pray, and to hear the Gospel (the Good News) of Jesus Christ. We sit to hear other scripture and to listen to the preacher. You may notice that some people choose, at certain times, to kneel, or to make the sign of the cross on their body, or to bow. You may do any, all, or none of those things. Kneelers are located under the table in the back of the church, should you wish to use one.

CHILDREN are always welcome in the service, as is their wiggling and whispering, and their need to move and explore. There is a children's activity area in the back of the church for use as needed. Sunday School is on hiatus until September. There is no formal nursery, but please feel free to explore the space and how it might meet your needs.

ADULT FORMATION is held after the service most Sundays. Grab a cup of coffee and a snack and join us!

You can find most everything you need in this bulletin. The **MUSIC** we sing is found within this bulletin or in the blue *Hymnal 1982* found either on your seat or in the rack under the seat in front of you. Hymn numbers that begin with the letter S are in the front section of the hymnal.

IF YOU ARE NEW to this community and wish to know more about it or to receive our weekly e-mail newsletters, please fill out a green card located on the table in the back of the church and either leave it on the table or hand it to the clergy or an usher. We would love to know you more fully!

Finally, a word about **COMMUNION** (Lord's Supper, Eucharist) – the bread and wine. The table fellowship we experience together is for everyone. Everyone. It is a grace freely given by the one who loves us so very much. And it's for you.

The Season After Pentecost, Proper 12

July 28, 2024

10:00 a.m. The Holy Eucharist

This service is livestreamed on YouTube

Opening Voluntary: Adagio from Sonata I

Felix Mendelssohn (1809-1847)

The Word of God

All stand for the Opening Sentence.

Celebrant Blessed be the one, holy, and living God.

People **Glory to God for ever and ever.**

Hymn 455 O Love of God, how strong and true

The Celebrant says the Collect of the Day, a short prayer to bring focus to the community's worship:

Celebrant God be with you.

People **And also with you.**

Celebrant Let us pray. *Stillness*

O God, the protector of all who trust in you, without whom nothing is strong, nothing is holy: Increase and multiply upon us your mercy; that, with you as our ruler and guide, we may so pass through things temporal, that we lose not the things eternal; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People **Amen.**

We sit to hear a reading from the Old Testament

Reader A reading from the Book of the Second Book of Kings

A man came from Baal-shalishah, bringing food from the first fruits to the man of God: twenty loaves of barley and fresh ears of grain in his sack. Elisha said, "Give it to the people and let them eat." But his servant said, "How can I set this before a hundred people?" So he repeated, "Give it to the people and let them eat, for thus says the Lord, 'They shall eat and have some left.'" He set it before them, they ate, and had some left, according to the word of the Lord.

2 Kings 4:42-44

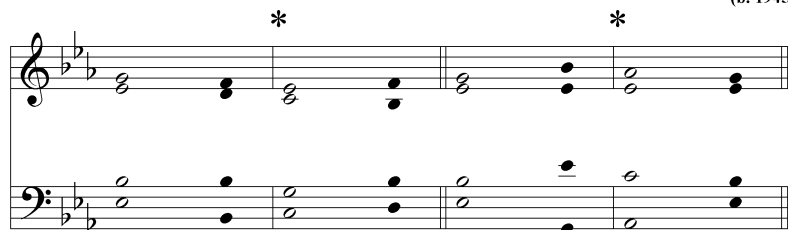
Hear what the Spirit is saying to God's people.

People **Thanks be to God.** *Stillness follows.*

We remain seated to sing the Psalm

Psalm 145:10-19

Robert Knox Kennedy
(b. 1945)



All your works praise you, O Lord, *
and your faithful servants *bless you*.
They make known the glory of your *kingdom* *
and speak of your *power*;
That the peoples may know of your *power* *
and the glorious splendor of your *kingdom*.
Your kingdom is an everlasting *kingdom*; *
your dominion endures throughout all *ages*.

The Lord is faithful in all his *words* *

and merciful in all his *deeds*.

The Lord upholds all those who *fall*; *

he lifts up those who are bowed *down*.

The eyes of all wait upon you, O *Lord*, *

and you give them their food in due *season*.

You open wide your *hand* *

and satisfy the needs of every living *creature*.

The Lord is righteous in all his *ways* *

and loving in all his *works*.

The Lord is near to those who call up-*on him*, *

to all who call upon him *faithfully*.

We stand to hear a reading from the life of Jesus

Deacon

The Gospel of our Savior Jesus Christ according to John.

People

Glory to you, Lord Christ

Deacon

Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" He said this to test him, for he himself knew what he was going to do. Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." One of his disciples, Andrew, Simon Peter's brother, said to him, "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" Jesus said, "Make the people sit down." Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, "Gather up the fragments left over, so that nothing may be lost." So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, "This is indeed the prophet who is to come into the world."

When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

When evening came, his disciples went down to the sea, got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. The sea became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. But he said to them, "It is I; do not be afraid." Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.

John 6:1-21

Deacon

The Gospel of the Lord;

People

Praise to you, Lord Christ.

The Sermon *The preacher breaks open the scripture.*

The Revd Deacon Susan McMillan

After the sermon stillness is held. Then all stand for the Affirmation of Faith:

All

You, O God, are supreme and holy.

You create our world and give us life.

Your purpose overarches everything we do.

You have always been with us. You are God.

**You, O God, are infinitely generous,
good beyond all measure.**

**You came to us before we came to you.
You have revealed and proved your love for us in Jesus Christ,
who lived and died and rose again.
You are with us now. You are God.**

**You, O God, are Holy Spirit.
You empower us to be your gospel in the world.
You reconcile and heal; you overcome death.**

You are God. We worship you.

We remain standing for the Prayers of the People. We pray for the Church, the world, those in need; we pray in thanksgiving and in sorrow; we pray for those who have died. You may pray as you like, silently or aloud.

The Deacon introduces the prayers, saying,

Deacon **In peace, we pray to you, Lord God.**
You may pray as you like, silently or aloud. After each spoken prayer we say,

Deacon **God of abundance, we pray to you;**
People **In your mercy, hear our prayer.**

Following the prayers, the Deacon leads us in the Confession of Sin.

Deacon **We pray to you also for the forgiveness of our sins. Stillness is held.**

All **Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

The Celebrant pronounces God's pardon, the people responding, Amen.

All then stand for the exchange of the Peace.

Celebrant **The peace of Christ be always with you.**
People **And also with you. We greet those nearest us with a sign of God's peace.**

We sit for a word of welcome and announcements.

After the announcements the Celebrant offers a sentence of encouragement as we consider the offerings of our life and labor to the Lord.

The Holy Communion

Ushers pass a plate to collect offerings for the work of the Church. Electronic giving is available through our website by scanning the QR code on the yellow announcements sheet.

The organist plays

Voluntary: *Andante con moto* from Sonata V Felix Mendelssohn

The gifts of bread and wine, and the fruits of our labors are brought forward. The Table is set and we sing an Offertory Hymn.

Hymn 309 O Food to pilgrims given

We remain standing for the Great Thanksgiving. The parts marked "voice" can be spoken by anyone. Please raise your voice to be heard by all. If more than one "voice" sounds at the same time, that is fine.

The Great Thanksgiving: Eucharistic Prayer C

Celebrant **God be with you.**

People **And also with you.**

Celebrant **Lift up your hearts.**

People **We lift them to the Lord.**

Celebrant **Let us give thanks to the Lord our God.**

People **It is right to give our thanks and praise.**
Celebrant God of all power, Source and Sustainer of the Universe, you are worthy of glory and praise.
People **Glory to you for ever and ever.**

Voice At your command all things came to be: shining light and enfolding dark;
galaxies, suns, moons, and stars of the sky;
planets in their courses, and this fragile earth, our island home.

All **By your will they were created and have their being.**

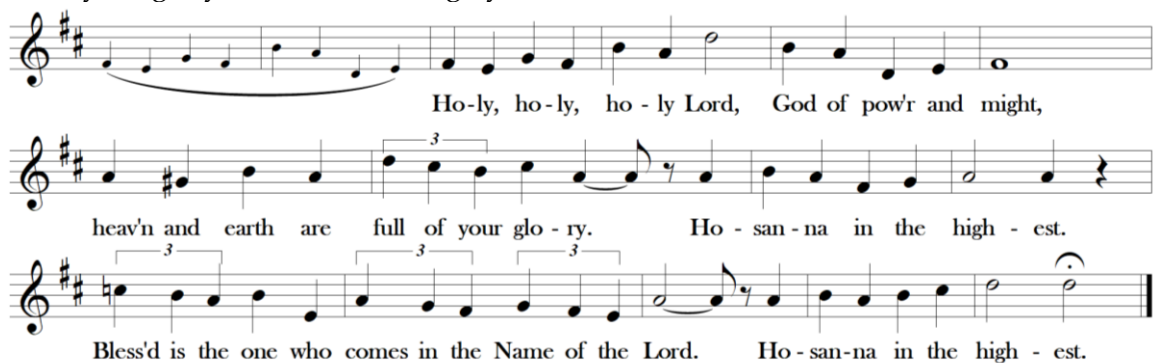
Voice From the primal elements you brought forth the human race, and blessed us with memory,
reason, and skill. You made us the stewards of your creation. But we turned against you, and
betrayed your trust; and we turned against one another.

All **Have mercy, Lord, for we are sinners in your sight.**

Voice Again and again, you called us to return. Through prophets and sages you revealed your
righteous Law. And in the fullness of time you sent your eternal Word, a child born of your
servant Mary, to fulfill your Law, opening for us the way of freedom and peace.

All **By his blood, he reconciled us. By his wounds, we are healed.**

Celebrant And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and
martyrs, and with all those in every generation who have looked to you in hope, to proclaim with
them your glory, in their unending hymn:



Ho-ly, ho-ly, ho-ly Lord, God of pow'r and might,
heav'n and earth are full of your glo-ry. Ho-san-na in the high-est.
Bless'd is the one who comes in the Name of the Lord. Ho-san-na in the high-est.

Setting Herbert J. Austin (1901-1988)

Celebrant On the night Jesus was betrayed he took bread, said the blessing, broke the bread, and gave it to
his friends, and said,

All **"Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."**

Celebrant After supper, Jesus took the cup of wine, gave thanks, and said,

All **"Drink this, all of you:**

Celebrant This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of
sins. Whenever you drink it, do this for the remembrance of me."

All Remembering now his work of redemption and offering to you this sacrifice of thanksgiving,
We celebrate Christ's death and resurrection as we await the day of his coming.

Celebrant And so, O God, we who have been redeemed by Jesus Christ, and made a new people by water
and the Spirit, now bring before you-these gifts. Sanctify them by your Holy Spirit to be the Body
and Blood of Jesus Christ our Savior. Sanctify us also, and let the grace of this Holy Communion
make us one body, one spirit in Christ, that we may worthily serve the world in his name.

All **Risen Lord, be known to us in the breaking of the Bread.**

All **God of our ancestors; Redeemer and Mother of Israel; God and Father of our Lord Jesus Christ,
Open our eyes to see your hand at work in the world about us. Deliver us from the
presumption of coming to this Table for solace only and not for strength; for pardon only and
not for renewal.**

Celebrant Accept these prayers and praises, Almighty God, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation.

All AMEN.

Celebrant As our Savior Christ has taught us, we now pray,

Our Fa-ther in hea-ven, hal-low'd be your Name, your king-dom come, your will be done, on earth as in hea-ven.

Give us to-day our dai-ly bread. For-give us our sins as we for-give those who sin a-gainst us. Save us from the time of trial,

and de-liv-er us from e - vil. For the king-dom, the glo-ry are yours, now and for ev - er. A-men.

The Celebrant breaks (fractures) the bread. After a period of stillness we say the Fraction Anthem.

Celebrant Alleluia, Christ our Passover is sacrificed for us.

People Therefore let us keep the feast. Alleluia.

The Celebrant invites us to share in the Eucharistic feast; The table fellowship we experience together is for everyone. The bread may be received directly into your hand, one palm crossed over the other. The wine may be taken by sipping from the cup or touching the bread to the cup or by using the small bowl to dip the bread into the wine (this is called intinction). Gluten-free wafers are available; please indicate your need at the time you receive Communion. Those who prefer not to receive the sacrament may ask for a blessing, crossing arms, fingertips touching the shoulders.

During Communion we sing this hymn

Hymn 321 My God, thy table now is spread

When all have received a period of stillness is observed. Then all stand and sing,

Hymn 397 Now thank we all our God

Bread and wine may be given to a member of the congregation to take to those who are sick or shut in.

Celebrant In the name of this congregation I send you forth, bearing these holy gifts, that those to whom you go (*may name aloud*) may share with us in the communion of Christ's body and blood.

People We who are many are one body, for we all share one bread, one cup.

Remaining standing, we say this Prayer after Communion:

Celebrant Let us pray. *Stillness*

All God of abundance,

you have fed us with the bread of life and cup of salvation;

you have united us with Christ and one another;

and you have made us one with all your people in heaven and on earth.

Now send us forth in the power of your Spirit,

that we may proclaim your redeeming love to the world

and continue for ever in the risen life of Christ our Savior. Amen.

The Celebrant offers a blessing over the People who respond,

People Amen.

People

The Deacon sends us forth with these words:

Let us go forth in the name of Christ.

Thanks be to God.

The People may remain and listen to the organ music that follows or may leave quietly, so as not to disturb those who stay to listen. Coffee "hour" is in the rear of the Nave immediately following the Closing Voluntary.

Closing Voluntary: *Allegro maestoso e vivace* from *Sonata II*

Felix Mendelssohn



SERVING IN THE LITURGY TODAY

Acolyte

John Montross

Lector

Rebecca Flewelling

Ushers

Connie Carpenter, Adam Skiff

Chalice Ministers

Emiry Potter, Miriam Burns

The Lord's Prayer Ambrosian chant; arr. Mark Howe, 1991. Used by permission.

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OTHER SCRIPTURE APPOINTED FOR TODAY

Ephesians 3:14-21

I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God.

Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, forever and ever. Amen.

Psalms 145:10-19 *Exaltabo te, Deus*

¹⁰ All your works praise you, O Lord, * and your faithful servants bless you.

¹¹ They make known the glory of your kingdom * and speak of your power;

¹² That the peoples may know of your power * and the glorious splendor of your kingdom.

¹³ Your kingdom is an everlasting kingdom; * your dominion endures throughout all ages.

¹⁴ The Lord is faithful in all his words * and merciful in all his deeds.

¹⁵ The Lord upholds all those who fall; * he lifts up those who are bowed down.

¹⁶ The eyes of all wait upon you, O Lord, * and you give them their food in due season.

¹⁷ You open wide your hand * and satisfy the needs of every living creature.

¹⁸ The Lord is righteous in all his ways * and loving in all his works.

¹⁹ The Lord is near to those who call upon him, * to all who call upon him faithfully.

Notes on today's music: Felix Mendelssohn was a German child prodigy pianist, composer, artist, and conductor. During his short lifetime he was widely traveled, and was regarded in England as one of the foremost musicians of the early Victorian era. At the age of just twenty he revived Bach's long-dormant *St. Matthew Passion* for performance. His lifelong devotion to the music of Bach is reflected in the elegant counterpoint of his six **organ sonatas** (1844-1845), a collection of 24 short pieces more than sonatas in a classical sense. This devotion is also found in the harmonization of today's **final hymn**, derived from Mendelssohn's 1840 *Lobgesang (Hymn of Praise)*; you may recognize that is similar in sturdy effect to that of the **offertory hymn** harmonized by Bach. By way of contrast, the **opening hymn** has a modern tune, first published in 1971 and named after a community in New Zealand where its composer worked. Its text, by a minister in the Free Church of Scotland, begins our liturgy in consideration of the incomprehensible miracles of Jesus' walking on water and providing a bountiful harvest out of very little.

We are on the land which has long served as a site of meeting and exchange among indigenous peoples for thousands of years and is the home of the Western Abenaki People. Our Cathedral community honors, recognizes and respects these peoples as the traditional stewards of the lands and waters on which we gather. Once taken from the Abenaki people by the people of the United States, this land was taken again, during the period of Urban Renewal in the 1970s, from the Italian immigrants who had found a welcome on these shores. We acknowledge that we are guests in this land, and pledge to respect and protect the land and waters within our use.

THE Cathedral 
Church OF St. Paul
LOVING | EXPLORING | SERVING

The Right Reverend Shannon MacVean-Brown | *Bishop of Vermont*
The Very Reverend Greta Getlein | *Dean and Rector*
The Reverend Canon Dr. Robert K. Leopold | *Canon for Adult Formation*
Peter Stoltzfus Berton | *Director of Music and Cathedral Arts*
The Venerable J. Stannard Baker | *Cathedral Deacon & Diocesan Archdeacon*
The Reverend Deacon Susan F. McMillan | *Cathedral Deacon & Diocesan Liaison*
Jennifer C. Sumner | *Office Administrator* • Barbara F. Comeau | *Financial Administrator*
Katie Gonyaw | *Children's Formation Coordinator* • Adam Skiff | *Property Steward*

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